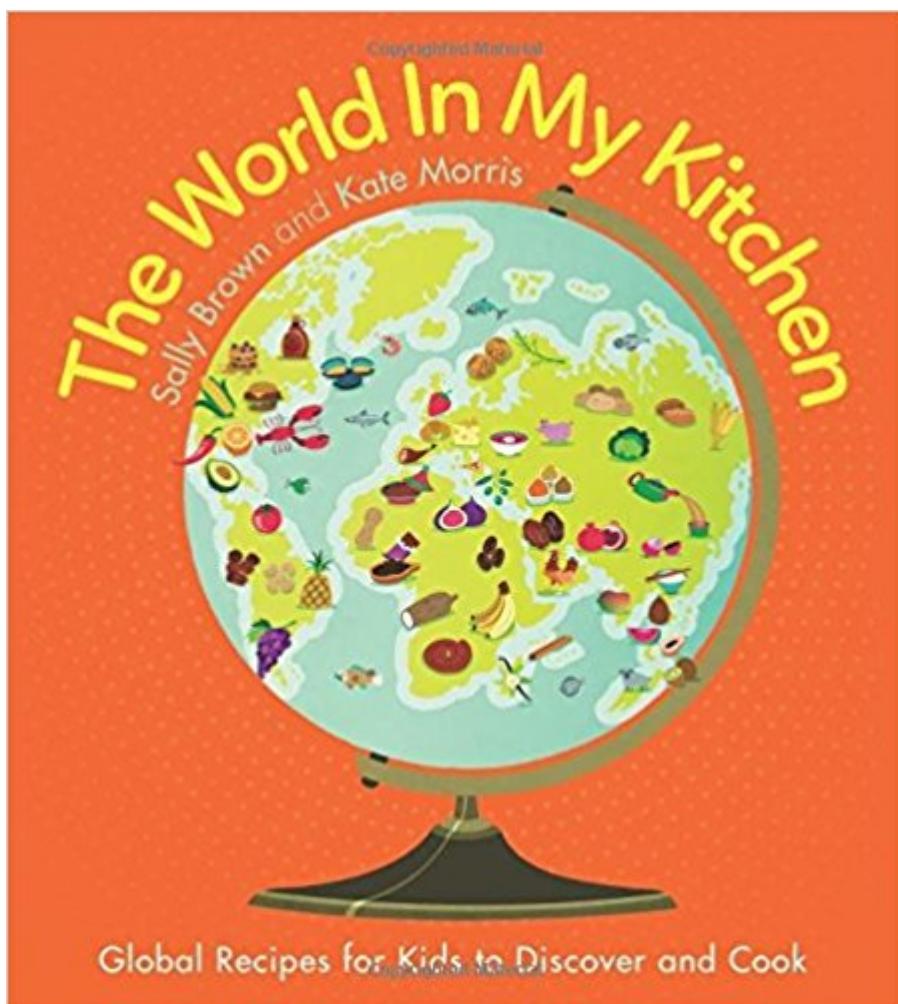


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# The World In My Kitchen: Global Recipes For Kids To Discover And Cook



## Synopsis

Imagine a book that transports kids thousands of miles away with the fresh, healthy dishes of different lands. This book leads little people to explore countries and cuisines to try themselves. Simple recipes, using fresh, healthy and easy-to-source ingredients, with suggested substitutions, will open up different tastes, aromas and cuisines.

## Book Information

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Average Customer Review: 4.5 out of 5 stars 4 customer reviews

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## Customer Reviews

Sally is married with two teenage daughters. Her parents were caterers and food retailers. With a passion for cooking combined with the belief that young children can achieve and learn so much more from cooking than parents realise (her two young daughters at the time were clear evidence), Sally launched The Purple Kitchen Company in 2000. Committed to building an authentic business, Sally welcomed Kate Morris to the company and focused on delivering innovative cooking classes for children from the age of 2. After a successful career in corporate PR & marketing, including driving the profitable launch of a B2C US Corporation in the UK, Sally took time away from her career to raise her family.

The world in my kitchenThis cookbook takes the saying "food for thought" to a new level. Geography, history, culture, the stories uniting children through cuisine all combine to enhance the flavors created. The artwork does more than stir the pot...it awakens the chef to the possibilities of life lived in other countries. Brown and Morris clearly are advocates for children. Their safety is

uppermost. Instead of cutting with a sharp knife, children are urged to use scissors. The Sous Chef is the adult, performing tasks which could be harmful, such as lifting hot pots. Cooking is all about combining, about creating newness and flavor from separate ingredients. Through cooking, the authors invite children to understand other cultures, to relish newness and savor life lived in what had been unfamiliar cultures. Both children and parents will feast on this book!

Teaching children from an early age the love for food and for travel are some of the most important lessons for life. This book has the advantages of inspiring both, through carefully selected international recipes from all over the world. The book is written in a very easy way, with clear directions and specific details that should be considered by the parent - the sous-chef. The dishes are authentic, the information is serious, and serious is also the way in which the little ones are introduced into the world of differences: 'Some children may seat on the floor, others at table'. The recipes - selected from China, Thailand, Morocco, Mauritius, Italy, Spain, Finland, Canada, Mexico, Peru and Brazil - are created independently for children, and designed to serve two adults and two children. Each chapter opens with a nice map, explaining various historical or geographical specificities. The average preparation is around one hour. For safety reasons, the recipes are adapted for oven. Besides the interesting recipes, the result of careful selection - did you know that cardamom bread is a typical Finnish recipe? - it also has various advices about creating a pleasant ambiance while cooking, such as collaborating for the success of the recipe or the setting of a musical background during the preparation. I've found the book really charming and interesting, and can't wait to test some recipes with my son, in the next 3 plus years. Disclaimer: Book offered by the publisher via NetGalley in exchange of an honest review

3.5 Stars Good idea, but a few obstacles. I would suggest this book in print form. I had an electronic version and some of the pages were "corrupted" (I had a epub & a mobi copy). The pictures/illustrations and the quirky facts made this book interesting. It's organized well (by region) and recipes ranged from easy to advanced. The instructions are pretty clear and I love that the author directly writes to children. I wish there were more recipes included though. It's a good gift idea for any young aspiring chef and a creative way to immerse kids in a different culture. Net Galley Feedback

The World In My Kitchen: Global recipes for kids to discover and cook by Sally Brown is easy to follow. It gives history, geography and combines it with a recipe. It allows for an interest to form and

hopefully will lead to more research about different places. Food is an interesting part of every cultural and that comes across in The World In My Kitchen. The artwork supports this. A wonderful way to interest children in cooking, geography, history and different cultures. I received a copy thru A Goodreads Giveaway.

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